PlatformTo
Independence, Together

MEET

Tania



SUPPORT WORKER

Calm, patient and encouraging

Tania, known as Tarn, enjoys helping people achieve goals, big or small. She brings patience, reassurance and a sense of humour.

She supports people to build confidence, make their own choices and try new experiences at a pace that feels comfortable.

An ex-jockey who loves animals, she enjoys op shops, music, reading and walks near the water.

TANIA'S RECENT EXPERIENCE

- **Confidence with unfamiliar tasks**
  Explaining what to expect, checking in and allowing breaks during activities that feel daunting.
- **Appointments and communication**
  Transport, appointment preparation and support to ask questions and explain needs to professionals.
- **Everyday decisions and shopping**
  Encouraging budgeting, independent purchases, practical research and speaking with shop staff.
- **Community access and wellbeing**
  Walks, cafes, op shops and shared interests, with time and space to build confidence and connection.

TANIA'S SUPPORT STYLE

Tarn listens, offers reassurance and uses humour to help people feel at ease and recognise their own progress.

She gives people time to respond, respects their choices and checks how they are feeling. She offers quiet breaks or a change of pace when someone feels overwhelmed.

She may be a great match for someone who enjoys animals, op shops, music or walks, and wants patient encouragement to try new things.

TRAINING & QUALIFICATIONS

- CERTIFICATE III INDIVIDUAL SUPPORT (IN PROGRESS)
- INCIDENT MANAGEMENT
- RISK MANAGEMENT
- MANAGING COMPLAINTS

NDIS worker modules | Domestic and cleaning support experience

Let's work together

Want to find out if Tania could be the right support for you or your family?

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