PlatformTo
Independence, Together

MEET

Mikaela



SUPPORT WORKER

Patient, caring and reliable

Mikaela is a patient, caring support worker who enjoys helping people build confidence and feel comfortable in their everyday lives.

She supports everyday independence, community activities and appointments, taking time to listen and learn what matters to each person.

She enjoys the beach, music, new cafes, walks, the gym and pilates.

MIKAELA'S RECENT EXPERIENCE

- **Cooking and meal preparation**
  Planning meals, grocery shopping, preparing weekly meals and cleaning up together.
- **Everyday independence**
  Household chores, errands, organising tasks and encouragement to do things independently.
- **Community access and appointments**
  Transport to health appointments, shopping, cafes, walks, the gym and creative activities.
- **Confidence and choice**
  Supporting social interaction, new activities and personal goals, while adapting to energy levels and preferences.

MIKAELA'S SUPPORT STYLE

Mikaela listens, builds rapport and encourages people to make choices about their own day.

She encourages people to take the lead with familiar tasks, helping where needed. She checks in and adjusts the pace when someone feels tired or overwhelmed.

She may be a great match for someone who enjoys music, beach walks, cafes or staying active, and wants patient support to build confidence.

TRAINING & QUALIFICATIONS

- NDIS WORKER ORIENTATION
- INFECTION PREVENTION & CONTROL
- INCIDENT MANAGEMENT
- PPE & WASTE MANAGEMENT

NDIS Worker Screening Check | Working With Children Check

Let's work together

Want to find out if Mikaela could be the right support for you or your family?

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