PlatformTo
Independence, Together

MEET

# Mia



## SUPPORT WORKER

**Calm, thoughtful and encouraging**

Mia is a Bachelor of Psychology graduate who brings a calm, patient approach to supporting children, young people and adults.

She helps people build confidence with everyday routines, get out into the community and take part in activities they enjoy.

She enjoys drawing, baking, reading, coffee and walks by the water.

## MIA'S RECENT EXPERIENCE

- **Everyday independence**
  Cooking and meal preparation, cleaning, laundry and prompts to help plan and finish tasks.
- **Community access**
  Transport to appointments, shopping, family visits, swimming, the gym and social outings.
- **Children and young people**
  Support with swimming routines, getting ready, transitions, turn-taking and social skills.
- **Confidence and emotional support**
  Building trust gradually, adapting to sensory needs and following clinician-guided strategies during distress.

## MIA'S SUPPORT STYLE

**Mia takes time to listen, build rapport and understand each person's preferences, routines and goals.**

She uses clear explanations, gentle prompts and reassurance. When someone feels overwhelmed, she gives them time and space and follows their agreed support strategies.

She may be a great match for someone who enjoys creative activities, games or relaxed outings, and values a patient, encouraging approach.

## TRAINING & QUALIFICATIONS

- **BACHELOR OF PSYCHOLOGY**
- **FIRST AID CERTIFICATE**
- **NDIS WORKER ORIENTATION**
- **WORKING WITH CHILDREN CHECK**

NDIS Worker Screening Check

## Let's work together

**Want to find out if Mia could be the right support for you or your family?**

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