PlatformTo
Independence, Together



MEET

# Anita

## SUPPORT WORKER

**Calm, creative and encouraging**

Anita builds genuine connections and helps people feel supported, valued and understood as they work towards their own goals.

A singer and guitarist with musical theatre and international performance experience, she brings creativity, patience and practical encouragement.

She enjoys music, cooking, a good coffee and book, and walking her dog along the beach.

## ANITA'S RECENT EXPERIENCE

- **Music and creative skill building**
  Guitar chords, rhythm and song practice, adapting techniques and breaking learning into smaller steps.
- **Confidence and independent practice**
  Encouragement, demonstrations and practical tips to help people recognise progress and practise alone.
- **Community and education access**
  Transport to TAFE, theatre outings and support for people to make their own choices during activities.
- **Rapport and individual goals**
  Listening to preferences, exploring support needs and planning a comfortable introduction to support.

## ANITA'S SUPPORT STYLE

**Anita listens carefully and builds trust through a calm, respectful approach that puts personal choice first.**

She offers patient guidance, adapts activities and recognises small achievements. She balances focused practice with breaks and conversation, responding to how someone feels on the day.

She may be a great match for someone who enjoys music, singing, theatre or relaxed outings, and wants encouragement to build skills and confidence.

## TRAINING & QUALIFICATIONS

- CERTIFICATE III INDIVIDUAL SUPPORT
- MASTER PRACTITIONER NLP & HYPNOSIS
- INCIDENT MANAGEMENT
- RISK MANAGEMENT

NDIS Worker Screening Check | Managing complaints training

**Let's work together**

**Want to find out if Anita could be the right support for you or your family?**

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