PlatformTo
Independence, Together

MEET

Adam



SUPPORT WORKER

Patient, practical and empathetic

Adam enjoys mentoring people and helping them succeed. He brings patience, empathy and life experience to building rapport.

He supports everyday skills, community participation and personal goals, listening carefully and staying calm when things feel challenging.

He enjoys BMX, bike riding and snorkelling, loves animals and is always ready with a dad joke.

ADAM'S RECENT EXPERIENCE

- **Everyday planning and independence**
  Meal preparation, shopping lists and weekly budgeting, with prompts to build practical skills.
- **Practical administration**
  Help with forms, insurance claims and emails so people can communicate their needs and concerns.
- **Community and social participation**
  Group outings, shared-interest activities and encouragement to connect and practise social skills.
- **Health and wellbeing routines**
  Transport and in-pool support for hydrotherapy exercises, with reassurance and flexible pacing.

ADAM'S SUPPORT STYLE

Adam listens, relates through shared interests and encourages people to take an active role in their own goals.

He uses reassurance and simple communication when someone feels overwhelmed. He notices environmental pressures and supports people to choose a calmer space or change of activity.

He may be a great match for someone who enjoys bikes, animals, games or the outdoors, and wants patient mentoring with practical everyday tasks.

TRAINING & QUALIFICATIONS

- FIRST AID CERTIFICATE
- NDIS WORKER ORIENTATION
- RISK MANAGEMENT
- INCIDENT MANAGEMENT

NDIS Worker Screening Check | Working With Children Check

Let's work together

Want to find out if Adam could be the right support for you or your family?

(02) 8916 6296

admin@platformto.com.au

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